

Activity and Adrenalin Days

- Duration:** 90 to 240 minutes
- Guest Numbers:** 10 - 300
- Requirements:** Outdoor field, size dependant upon number of activities

Activity and Adrenalin Days make an exhilarating option for incentives, rewards or breaking the ice. We can provide a complete hospitality package and manage the entire event, complete with flags, bunting, and mini-marquees, leaving you and your guests free to relax and enjoy the fun.



Activity and Adrenalin Days are designed to motivate your guests into action in a fun and controlled atmosphere. Our professional instructors will guide you through the activities with emphasis on guests gaining as much 'hands on' experience as possible.

Available in a competitive format or as informal fun, your guests will take part in each activity as they progress from zone to zone around the event. Informally we will search for the best individual on each activity whilst in team competition, guests must work together to complete the tasks and either 'beat the clock' or score the greatest number of points in an attempt to gain maximum advantage for their team. Based upon skill, scoring is devised so that the competitive can compete whilst those simply wishing to enjoy the day can do so. Whilst being encouraged to 'have a go' no one will feel under any pressure to take part.

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