



Activity & Adrenaline

- 📅 Duration: 90 – 180 minutes
- 📍 Requirements: Dependent on activities
- 💎 Group Size: 10 – 300

To view images or find out more information, please visit...

<https://www.kdmevents.co.uk/team-building-activities/activity-and-adrenaline/>

About KDM Events

Launched in 1990 to tap into the burgeoning Corporate Events market, **KDM Events** have evolved considerably over the past 3 decades in business – from humble beginnings when events solely consisted of driving vehicles around a muddy field, to the all encompassing event management company that we are today.

Catering for groups numbering from half a dozen to several hundred or thousand, we offer the full range of event services – which could be as straight-forward as just finding a venue for a meeting or providing a stand of archery for a small group, to as complex as a fully managed conference for large numbers where we source the venue, provide the AV, suggest speakers, assist with registration & rooming lists, provide theming & entertainment for the evening... the list goes on!

- Unrivalled reputation in the industry, for quality, service and dependability – which has been earned over the past 30 years and counting.
- These aren't just empty words, but are backed up by our Gold Award for "Best Event Provider" at the prestigious M&IT Awards in 2017, 2018, 2019 and 2020 – these awards are voted for only by clients and members of the events industry.
- We are highly professional, passionate, friendly and do not make empty promises – our goal is to always over-deliver, by using our experience and expertise to shoulder the stresses in delivering a memorable event for you.



Established in 1990



Voted the UK's "Best Event Provider"



Meetings, conferences and road shows



Team Building, theming and entertainment



We always deliver memorable events



Come straight to the end provider

Activity and Adrenaline Event

An exhilarating option for incentives, rewards or simply breaking the ice. Activity and Adrenalin Days are designed to motivate your guests into action in a fun and controlled atmosphere. Our professional instructors will guide you through the activities with emphasis on guests gaining as much 'hands on' experience as possible.

Whether it's for fun or fierce competition Activity and Adrenaline challenges your teams to work together to defeat the competition!

Your guests will take part in each activity as they progress from zone to zone around the event. Informally we will search for the best individual on each activity whilst in team competition, guests must work together to complete the tasks and either 'beat the clock' or score the greatest number of points in an attempt to gain maximum advantage for their team. Based upon skill, scoring is devised so that the competitive can compete whilst those simply wishing to enjoy the day can do so. Whilst being encouraged to 'have a go' no one will feel under any pressure to take part.

How It Works...

There are a number of activities to choose from for this exciting event from defying the laws of gravity with Rage Buggies to practicing your marksman skills with rifle shooting. Activity and Adrenalin has it all for an exciting and thrilling event!

Other activities to create your perfect event include:

- Knock your opponent off an inflatable podium in our 'Gladiator Joust'
- Jump, duck and jump again when tackling this wipe-out inspired speed and agility challenge 'Sweeper Arm'
- Tied together by a bungee, go head to head in opposite directions in our 'Eliminator'
- Overtake, out speed and outsmart your competitor in the 'Zorb Ball Racing'
- Embrace your inner Robin Hood with our 'Long Bow Archery'
- And so much more!

Enjoy multiple options of activities allowing you to create a unique and diverse event that will get your guests hearts pumping, adrenaline flowing and working creatively together.

How to book

The booking process is very straight-forward – the basic details that we need to know are the date, venue, number of guests and your chosen event or activity – and we are then able to issue a contract for you to complete your booking.

Once this contract has been returned this confirms the booking of your event, we then issue an invoice for a 25% deposit with the balance due 7 days prior to the event date.

We try our utmost to be flexible when the need arises, so preferential payment terms can be considered and are available for clients that we work with on an agreed Preferred Supplier basis – this also gives the option to consolidate your invoices, by payment of any venue costs also through KDM Events.

The option of payment via credit card is also available should this be easier for you, although a surcharge of 3% applies for payment made via corporate credit cards.

We always greatly prefer to speak with you before an event so that we can get a clear picture of your aims and objectives... so please do [contact us](#) for any queries that we can help with.