

Sleep Pod

Duration: 60 - 120 minutes

Requirements: Indoor Space

Group Size: Up to 500 Guests

To view images or find out more infomation, please visit...

https://www.kdmevents.co.uk/team-building-activities/sleep-pod/

About KDM Events

Launched in 1990 to tap into the burgeoning Corporate Events market, KDM Events have evolved considerably over the past 3 decades in business – from humble beginnings when events solely consisted of driving vehicles around a muddy field, to the all encompassing event management company that we are today.

Catering for groups numbering from half a dozen to several hundred or thousand, we offer the full range of event services – which could be as straight-forward as just finding a venue for a meeting or providing a stand of archery for a small group, to as complex as a fully managed conference for large numbers where we source the venue, provide the AV, suggest speakers, assist with registration & rooming lists, provide theming & entertainment for the evening... the list goes on!

• Unrivalled reputation in the industry, for quality, service and dependability – which has been earned over the past 30 years and counting.

• These aren't just empty words, but are backed up by our Gold Award for "Best Event Provider" at the prestigious M&IT Awards in 2017, 2018, 2019 and 2020 – these awards are voted for only by clients and members of the events industry.

• We are highly professional, passionate, friendly and do not make empty promises – our goal is to always over-deliver, by using our experience and expertise to shoulder the stresses in delivering a memorable event for you.


Established in 1990


Voted the UK's "Best Event Provider"


Meetings, conferences and road shows


Team Building, theming and entertainment


We always deliver memorable events


Come straight to the end provider

Charity Team Building Events - Changing Lives

Our Sleep Pod team building experiences are powerful, charity team building events designed to bring people together in a truly meaningful way. These events create a direct and tangible impact by assembling emergency shelters that go straight to people sleeping rough across the UK. It's an opportunity to unite teams' around a shared cause, strengthen collaboration and actively support CSR commitments – all while taking part in a hands-on experience that genuinely changes lives.

If you're looking for UK charity-based team building, our Sleep Pod events deliver something real. Participants don't just talk about making a difference – they physically build it. Every pod constructed during the session becomes a vital piece of emergency shelter for someone facing homelessness. That immediate connection between effort and outcome makes these charity team building events uniquely powerful.

How the Event Works

The Sleep Pod event begins with a powerful keynote address. Guests gain insight into the realities of homelessness, the challenges faced by people sleeping rough and the vital role charities play in offering frontline support. This introduction sets the tone for the day, grounding the experience in purpose. Participants leave this session with a deeper understanding of the issue and a clear view of the difference they are about to make.

Following the keynote, the hands-on element begins. Delegates are split into small groups of two to three people, encouraging communication, cooperation and problem-solving. Working in these smaller teams strengthens engagement and ensures everyone plays an active role in the build process. It's practical, focused team building with a shared mission at its heart.

Our experienced facilitators guide participants through every step of the assembly process. Full instructions are provided, along with practical support whenever needed, so no prior experience is required. The atmosphere is energetic, collaborative and purposeful.

Unlike many corporate activities, the impact of these charity team building events doesn't end when the session finishes. At the conclusion of the event, the completed Sleep Pods are collected and distributed directly to rough sleepers through our extensive charity network. Knowing that the shelters built during the day will be used almost immediately adds a powerful sense of accomplishment and pride for participants.

Emergency Aids for Rough Sleepers

Sleep Pod is a charity dedicated to providing one-person emergency shelters to rough sleepers during severe weather conditions. The lightweight,

waterproof and insulated pods can be lifesaving in rain, snow and freezing temperatures. The Sleep Pods are distributed mainly to Homeless Charities, and also to Local Authorities, the NHS and other Emergency Services.

Homelessness remains an urgent and growing issue across the UK. Rising living costs, housing shortages and economic pressures continue to push more people into insecure living conditions. The concept of Sleep Pod was born in 2015 in response to this escalating crisis. What began as a simple idea — to create a portable, insulated emergency shelter — evolved through research, development and testing into a highly effective and practical product. In 2018, the first pods were delivered to frontline charities. Since then, more than 18,000 pods have been distributed to those in need via a network of over 130 homelessness charities and outreach partners across the UK.

- **18,000+** Sleep Pods distributed since its foundation in 2015
- **130+** homelessness charities and distribution across the UK
- **£40** The cost of materials to produce one Sleep Pod

How to book

The booking process is very straight-forward – the basic details that we need to know are the date, venue, number of guests and your chosen event or activity – and we are then able to issue a contract for you to complete your booking.

Once this contract has been returned this confirms the booking of your event, we then issue an invoice for a 25% deposit with the balance due 7 days prior to the event date.

We try our upmost to be flexible when the need arises, so preferential payment terms can be considered and are available for clients that we work with on an agreed Preferred Supplier basis – this also gives the option to consolidate your invoices, by payment of any venue costs also through KDM Events.

The option of payment via credit card is also available should this be easier for you, although a surcharge of 3% applies for payment made via corporate credit cards.

We always greatly prefer to speak with you before an event so that we can get a clear picture of your aims and objectives... so please do contact us for any queries that we can help with.